



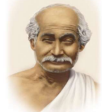





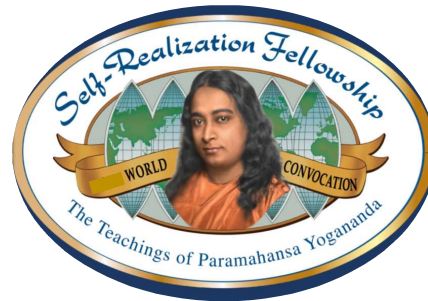




2024 SRF Online World Convocation - Program at the SRF Vienna-South Group

	Sunday, 14 July	Monday, 15 July	Tuesday, 16 July	Wednesday, 17 July	Thursday, 18 July	Friday, 19 July	Saturday, 20 July	Sunday, 21 July
9,10		Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises
9,30		Meditation <i>Brother Tyagananda</i>	Meditation <i>Brother Jitananda</i>	Meditation <i>Brother Vimalananda</i>	Meditation <i>Brother Vijayananda</i>	Meditation <i>Brother Dhruvananda</i>	* Meditation & Technique Review <i>Brother Nikhilananda, in German</i>	Meditation <i>Brother Saralananda</i>
10,00	Meditation & Inspirational Service <i>SRF Devotee</i>	Tee & Smoothie Bar Talk: Joy in our Lives <i>Brother Kamalananda</i>	Tee & Smoothie Bar * Technique of Energization <i>Brother Prafullananda</i>	Tee & Smoothie Bar * Aum Technique <i>Brother Padmananda</i>	Tee & Smoothie Bar Talk: Love and Wisdom <i>Brother Govindananda</i>	Tee & Smoothie Bar Satsanga Sister Nandini	Tee & Smoothie Bar Satsanga Brother Chidananda	Tee & Smoothie Bar Talk: A Portable Paradise Sister Draupadi
10,30								
11,00								
11,30								
12,00								
12,30	vegetarian lunch	vegetarian lunch	vegetarian lunch	vegetarian lunch	vegetarian lunch	vegetarian lunch	vegetarian lunch	vegetarian lunch
13,00								
13,30								
14,00	social program / seeing Vienna		* Hong Sau Technique <i>Sister Karuna</i>	Satsanga <i>Sr. Brahmani</i>				Closing program Social program / seeing Vienna
14,30								
15,00								
15,30								
16,00			Talk: Introspection for Success <i>Brother Satyananda</i>	Talk: Divine Connection <i>Sr. Ranjana</i>	Fellowship <i>Yogananda's Teachings</i>	Talk: Guru Friendship <i>Br. Bhumanda</i>		
16,40		Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises	Energization Exercises	
17,00		Meditation & Kirtan <i>SRF Nuns' Kirtan Group</i>	Meditation <i>Sister Sarala</i>	Meditation <i>Br. Chidananda</i>	Meditation <i>Sister Chetana</i>	Guided Meditation 3 hours Sister Yogamayee	Meditation <i>Sister Jyoti</i>	
17,30								
18,00								
18,30								
19,00							Meditation & Kirtan <i>YSS Monks Kirtan Group</i>	
19,30								
20,00								
20,30								
21,00								
21,30								



Legend	
Live-Streaming	* SRF Students only
Recording	
Group Activities	
Group Activities	